

BUILDING THE PRESENT: A CALL TO ACTION FOR YOUTH HEALTH AND WELL-BEING

We, the 24 civil society organizations and networks of the South-East Asian Youth Health Action Network (SYAN)* from ten countries** call upon diverse stakeholders to enhance and advance our collective ask for 'Equal Health of Diverse Youth'



Empowered young people influence policies and **enable narrative shift** towards equitable, accessible and affirmative health services on adolescent and young people.

Recognition of adolescents and young people in all their diversity will enable tailoring of policies and programmes according to the lived realities of all young people.

Centering leadership of vulnerable and marginalized young people to ensure meaningful engagement and substantive participation across all social justice issues and access to rights.

Co-creation and cross-movement collaboration contributing to our collective knowledge, allows for redistribution of power and resources and expands opportunities for all adolescents and young people.

Intergenerational and Inter sectoral dialogue spaces accelerate the building of an ecosystem that is infomed, co-led and nurtured by young people.

*https://syanforhealth.org/

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**Indonesia, Timor-Leste, Bangladesh, Nepal, Sri Lanka, Maldives, Thailand, Bhutan, Myanmar and India.

WE CALL UPON!

Affordable, accessible and affirmative high-quality adolescent health and well-being services for all adolescent and young people without any discrimination, stigma and violence in service provision as well as information.



Ensure mental well-being and resilience by providing timely and flexible access to **affordable**, **evidence-based information**, **queer-affirmative services**, **psychosocial support**, **therapy**, and de-stigmatisation of mental health conditions.



Create intersectional policies that are informed by seeking **accountability across different socio-economic positions** to mitigate the harmful impact of climate change.



Promote safe dialogue spaces across communities and educational institutions for all adolescent and young people to affirm their right to comprehensive sexuality education(CSE) that is queer-centric, wellbeing-affirmative, and rights-based.



Inclusion of CSE, access to contraceptives and safe abortion services across population and development agenda globally, regionally and nationally.



Ensure accessible, flexible, adaptable, and sustained funding and resource distribution for youth led and youth focused organizations from Global South that are **committed towards strengthening youth movements and leadership** in narrative building and agenda setting for social justice.



Disseminating normative change messages through large scale public campaign, community based storytelling and action through government and non governmental initiatives that center adolescent needs and rights in its design, platform and implementation.



Creating safer spaces for shared accountability and movement building especially through safeguarding youth advocates, fostering safety networks to respond to backlash and creating long term solutions aligned to international ratifications on human rights and citizenship.



Reform harmful and punitive laws criminalizing, discriminating and hindering access to services for LGBTQI+ youth in the region through social norm change, state response as well as justice system reforms.



Ensure legal, societal and institutional reform that decriminalizes consensual relationships amongst adolescents and young people that **remove barriers to realizing their comprehensive sexual and reproductive health and rights**



Cross-movement and cross-sectoral collaboration between all government departments, private sector stakeholders, media firms, bi lateral and multilateral agencies and and non government institutions for accountable, rights affirming and sustainable action to advance health rights and wellbeing of all adolescents and young people across the region.